

**Breakfast Meal Prices**

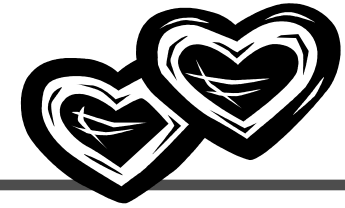
Students: \$1.20  
 Reduced price students: Free  
 Guest (staff & visitors): \$1.50

**Lunch Meal Prices**

Elementary Students: \$2.20  
 Reduced price students: \$.40  
 Guest (staff & visitors): \$3.00



# Elementary Menu February 2012



Lunch				
Monday	Tuesday	Wednesday	Thursday	Friday
		<b>2/1</b> Cheese Dippers Marinara Sauce Tossed Salad Whole Kernel Corn Pear Halves	<b>2/2</b> Chicken Tenders Roll Mashed Potatoes Green Beans Mixed Fruit Jello	<b>2/3</b> Cheeseburger/ Hamburger Mixed Vegetables French Fries Apple Slices
<b>2/6</b> Hot Dog/Chili Baked Beans Potato Wedges Applesauce	<b>2/7</b> Fiestada Pizza Whole Kernel Corn Tossed Salad Fresh Fruit Cocktail	<b>2/8</b> BBQ Chicken Sandwich Green Beans Sweet Potato Soufflé Pear Halves	<b>2/9</b> Baked Spaghetti Breadstick Tossed Salad Green Peas Mixed Fruit	<b>2/10</b> Chicken Nuggets Roll Mashed Potatoes Carrot Sticks Pineapple Bits
<b>2/13</b> Totally Taco Whole Kernel Corn Pinto Beans Fresh Apple	<b>2/14</b> Pepperoni Pizza Tossed Salad Green Beans Fruit Crisp	<b>2/15</b> Corn Dog Tater Tots Baked Beans Lunch Bunch Grapes	<b>2/16</b> Vegetable Beef Soup Cheese Toast Garden Salad Green Peas Sliced Peaches	<b>2/17</b> Chicken Filet Sandwich Veggie Sticks Oven Roasted Potatoes Pineapple Bits
<b>2/20</b> Teacher Workday	<b>2/21</b> Pot Roast Rice/Gravy Fresh Broccoli Cooked Carrots Pineapple Bits	<b>2/22</b> Cheese Dippers Marinara Sauce Tossed Salad Whole Kernel Corn Pear Halves	<b>2/23</b> Chicken Tenders Roll Mashed Potatoes Green Beans Mixed Fruit Jello	<b>2/24</b> Cheeseburger/ Hamburger Mixed Vegetables French Fries Apple Slices
<b>2/27</b> Hot Dog/Chili Baked Beans Potato Wedges Applesauce	<b>2/28</b> Fiestada Pizza Whole Kernel Corn Tossed Salad Fresh Fruit Cocktail	<b>2/29</b> BBQ Chicken Sandwich Green Beans Sweet Potato Soufflé Pear Halves	For more information about the meals served in Gaston County Schools, visit the School Nutrition website at <a href="http://www.gaston.k12.nc.us">www.gaston.k12.nc.us</a> or call us at 704-824-8423.  Gaston County Schools is an Equal Opportunity Provider and Employer.	
<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="border: 1px solid black; padding: 5px;"> </div> <div> <ul style="list-style-type: none"> <li>• Peanut Butter &amp; Jelly Sandwich with Yogurt will be offered as entrée choice each day.</li> <li>• Chef Salad (Ham or Chicken) will be offered with one side as a meal each day.</li> <li>• Milk and Juice offered everyday.</li> <li>• Fresh Fruit will be offered everyday.</li> </ul> </div> <div style="border: 1px solid black; padding: 5px;"> </div> </div>				

A Healthy Diet, A Healthy Body, A Healthy Future

Breakfast
<b>Monday</b> Chicken Biscuit Fresh Fruit or Orange Juice
<b>Tuesday</b> French Toast Sticks Maple Syrup Fresh Fruit or Orange Juice
<b>Wednesday</b> Sausage Biscuit Fresh Fruit or Orange Juice
<b>Thursday</b> Muffin Trail Mix Fresh Fruit or Orange Juice
<b>Friday</b> Choice of Cereal Yogurt Fresh Fruit or Orange Juice

Choice of Milk offered everyday at breakfast.